



**SHE RECOVERS IN LA SCHEDULE JULY 20, 2018 – SUBJECT TO CHANGE**

<b>Day</b>	<b>Time</b>	<b>Program</b>
<b>Friday (14)</b>  <b>THE CONVENING</b>	3:00 – 5:00pm	<b>Registration/Marketplace Opens</b>
	3:00 – 6:00pm	Connect, Mingle & Market
	5:00 – 6:00pm	<b>Welcome Reception with Hint Water</b>
	6:30 – 7:00pm	<b>Opening SHE RECOVERS in LA Team with Kripalu + Shamebooth</b>
	7:00 – 8:30pm	<b>CHERYL STRAYED</b>
	8:30 – 9:00pm	<b>Cheryl Strayed Book Signing</b>
	9:00 – 10:00pm	<b>Solo Travellers Meet-up hosted by Kelly Beck</b>
<b>Saturday (15)</b>  <b>THE CONVERSATION</b>	6:30 – 8:00am	<b>SHE RECOVERS Yoga with Taryn Strong</b>
	6:30 – 8:00am	<b>She Runs for Recovery with Susanne Navas &amp; Jessica Foody</b>
	8:30 – 9:30am	<b>Registration Opens</b> Connect, Mingle & Market
	9:30 – 10:00am	<b>SARAH BLONDIN</b>
	10:00 – 10:30am	<b>LAURIE DHUE</b>
	10:30 – 11:45am	<b>The Conversation: We Are All Recovering from Something – with Nicole Stuart, Sherry Gaba, Liz Hausle, Kelley Kitley, Sherri Pelski. Eleanor Brownn   moderated by Jean McCarthy</b>
	11:45 – 1:00pm	<b>Buffet Lunch with Hint Water</b>
	11:45 – 1:00pm	Connect, Mingle & Market
	1:00 – 2:00pm	<b>JANET MOCK Seated Conversation with Dawn Nickel</b>
	2:00 - 2:30pm	<b>Janet Mock Book Signing</b>
	2:30 – 4:30 pm	<b>FINDING FORGIVENESS WORKSHOP (50 minutes/Break &amp; Repeat)</b> <b>Ester Nicholson</b>
	2:30 – 4:30 pm	<b>CHANGING OUR RELATIONSHIP WITH FOOD (50 minutes/Break &amp; Repeat)</b> <b>Shelly-Anne McKay</b>
	2:30 - 4:30 pm	<b>CREATING GRATITUDE WORKSHOP (50 minutes/Break &amp; Repeat)</b> <b>Tammi Salas &amp; Shelley Richanbach</b>
	2:30 – 4:30 pm	<b>CULTIVATING RESILIENCE WORKSHOP (50 minutes/Break &amp; Repeat)</b> <b>Dufflyn Lammers</b>
2:30 – 4:30PM	<b>STANDING OUR GROUND WORKSHOP (50 minutes/Break &amp; Repeat)</b> <b>Darlene Lancer</b>	
2:30 – 4:30pm	<b>ATTRACTING HEALTHY RELATIONSHIPS WORKSHOP (50 minutes/Break &amp; Repeat)</b> <b>Sherry Gaba</b>	



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<b>THE CELEBRATION</b>	2:30 – 4:30pm	<b>IGNITING YOUR JOY WITH HUMAN DESIGN</b> (50 minutes/Break & Repeat) <b>Linda Landon</b>
	4:30 – 6:00pm	Connect, Mingle & Market
	6:00 – 9:00pm 6:00 – 7:00pm 7:30 – 9:00pm	<b>SHE RECOVERS FOUNDATION DINNER GALA DINNER PROGRAM</b> -Dawn Nickel & Taryn Strong -Amy Dresner -Sherri Pelski, Kripalu -Paula Williams, Shamebooth -Dufflyn Lammers performance -Musical guest performance - TBA - <b>LEGACY AWARD to Betty Ford</b>   Presented by Mackenzie Phillips, accepted by Susan Ford Bales - <b>HOPE AWARD to Tarana Burke</b>   Presented by Laurie Dhue
	9:00 – 10:30pm	<b>Silent Disco with DJ AMtrak</b>
<b>Sunday (15)</b>		
<b>THE CALL-TO-ACTION</b>	7:30 – 9:00am	<b>SHE RECOVERS Yoga with Taryn Strong   Meditation with Biet Simkin</b>
	7:30 – 9:00am	<b>Pilates with celebrity trainer Nicole Stuart</b>
	9:00– 10:00am	<b>Hint Water Station + Smoothie + Wellness Break   Coffee Tea Station</b> Connect, Mingle & Market
	10:00 – 10:30am	<b>ROSIE ACOSTA</b>
	10:30 – 11:30am	<b>MACKENZIE PHILLIPS</b>
	11:30 - 12:45pm	Connect, Mingle & Market + Free time
	12:45 – 1:45pm	<b>We are the Changemakers Inspiration Session – with Beverly Sartain, The Ripple Project, Paula Williams, Shamebooth, Chanda Santana, Divas Who Win Freedom Centre, Jean Krisle, Ten Thousand Beds   Moderated by Jean McCarthy</b>
	1:45 – 2:30pm	<b>TARA MOHR</b>
	2:30 – 3:00pm	<b>Tara Mohr Book Signing</b>
	3:00 – 3:15pm	<b>Closing with Dawn + Taryn + SHE RECOVERS in LA Team</b> <b>Musical Performance, Ester Nicholson</b>