

SHERECOVERS® TOGETHER

Online

GATHERING SCHEDULE



DAY	OFFERING	TIME	ACCESS
MONDAY	SR Mental Health Monday Educational Series	9AM PDT 12PM EDT 5PM BST 6PM CEST	VISIT FB PAGE
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP
TUESDAY	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP
WEDNESDAY	SHE RECOVERS Trauma-Informed Yoga	9AM PDT 12PM EDT 5PM BST 6PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP
THURSDAY	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP
FRIDAY	SHE RECOVERS Dance	9AM PDT 12PM EDT 5PM BST 6PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP
SATURDAY	SR SUPPORT for Healthcare & Allied Professionals	7:30AM PDT 10:30AM EDT 3:30 PM BST 4:30 PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST	JOIN PRIVATE FB GROUP
	SR SUPPORT for Black, Indigenous & Women of Color	11AM PDT 2PM EDT 7PM BST 8PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP
SUNDAY	SHE RECOVERS In The Rooms	7AM PDT 10AM EDT 3PM BST 4PM CEST	JOIN SR IN THE ROOMS
	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST	JOIN PRIVATE FB GROUP
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST	JOIN PRIVATE FB GROUP