

SHERECOVERS[®] TOGETHER Online

GATHERING SCHEDULE

For access & program details please visit:
sherecovers.org/together-online



DAY	OFFERING	TIME
MONDAY	SR Mental Health Monday Educational Series	9AM PDT 12PM EDT 5PM BST 6PM CEST
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST
TUESDAY	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST
WEDNESDAY	SHE RECOVERS Trauma-Informed Yoga	9AM PDT 12PM EDT 5PM BST 6PM CEST
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST
THURSDAY	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST
FRIDAY	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST
SATURDAY	SR SUPPORT for Healthcare & Allied Professionals	7:30AM PDT 10:30AM EDT 3:30 PM BST 4:30 PM CEST
	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST
	SR SUPPORT for Black, Indigenous & Women of Color	11AM PDT 2PM EDT 7PM BST 8PM CEST
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST
SUNDAY	SHE RECOVERS In The Rooms	7AM PDT 10PM EDT 3PM BST 4PM CEST
	SRT ZOOM Gathering	9AM PDT 12PM EDT 5PM BST 6PM CEST
	SHE RECOVERS Dance	11AM PDT 2PM EDT 7PM BST 8PM CEST
	SRT ZOOM Gathering	5PM PDT 8PM EDT 1AM BST 2AM CEST