

# SHERECOVERS® FOUNDATION

## ASHLEY JUDD TO KEYNOTE ALONGSIDE AN INSPIRATIONAL LINEUP OF SPEAKERS AT SHE RECOVERS® IN MIAMI APRIL 22-24, 2022

(SANTA FE, NM) – Anticipation is growing as SHE RECOVERS® Foundation’s signature event this April is approaching sellout. [SHE RECOVERS in MIAMI](#) is set to convene April 22 – 24, 2022 at the Biltmore Hotel in Coral Gables, Florida. COVID safety practices will be in place at the event and will be enforced.

While in-real-life registration is nearing a close, SHE RECOVERS is announcing the opportunity for those who cannot attend in person to participate virtually. Virtual participants will be able to join the conference for all keynote, speakers and other program elements. For more information, visit SHE RECOVERS in Miami [Virtual Registration](#).

The organization is excited to announce that actress and activist Ashley Judd will headline this year’s conference celebrating strength, diversity, inclusion, and innovation. Ms. Judd will share her lived experience in recovery from childhood grief, trauma, and depression, and the -isms that so often accompany trying to cope with those adverse childhood experiences. Ashley Judd is well known for her broad appeal starring in both box office hits and for turning in unforgettable performances in fine independent films. Her films tell very personal stories-- which is exactly what Judd does when she is not making movies. Ashley is a feminist and social justice humanitarian who is the Goodwill Ambassador for UNFPA. She has traveled to 22 countries, working in brothels, orphanages, refugee camps, hospices, schools, and drop-in centers, meeting the most vulnerable and marginalized folks and taking their sacred stories to people who can make a difference. She spends part of each year in the Democratic Congo, following and studying the endangered, egalitarian, and violence-free bonobo great apes.

Other featured speakers include:

- Nadia Bolz-Weber, an ordained Lutheran Pastor, founder of House for All Sinners & Saints in Denver, Co, the creator and host of The Confessional Podcast. Nadia is also the author of three NYT bestselling memoirs, *Pastrix; The Cranky, Beautiful Faith of a Sinner & Saint, Accidental Saints; Finding God in All the Wrong People* and *SHAMELESS; A Sexual Reformation* (2019). She writes and speaks about personal failings, recovery, grace, and faith.
  - Jennifer Pastiloff, the author of *On Being Human* is also a popular empowerment workshop leader utilizing a unique hybrid approach of yoga related movement, writing, sharing out loud and the occasional dance party. Jen has been featured on multiple national media outlets for the distinct style of teaching that she has brought to thousands of women in workshops and retreats all over the world.
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The SHE RECOVERS Foundation is a global nonprofit serving more than 325,000 women in or seeking recovery from substance use disorders, mental health issues, and other life challenges. This lifeline organization connects women (and non-binary individuals who identify with women's communities) through its virtual platforms and in-person community networks, provides resources and supports women to develop their own holistic recovery patchworks, and empowers them to thrive and share their successes. All efforts are designed to end the stigma and shame often associated with recovery so that more women may heal and grow.

The Miami event builds on the energy and success of SHE RECOVERS in New York in 2017 and SHE RECOVERS in Los Angeles in 2018. The theme for the Miami event is "This is Our Movement, This is Our Time." After two long years of social isolation, with increasing numbers of women experiencing mental health and addiction issues, now is the time for women to come together and recover out loud. SHE RECOVERS in Miami is a celebration of recovery – an opportunity for women to share about their recovery so that other women know it's possible for them too.

The Miami event is intended to raise awareness and funding for the organization's new chapter network development – an initiative to bring in-person recovery supports into communities across the United States, Canada, the United Kingdom, Australia and beyond. "We are all recovering from something," says co-founder Dawn Nickel, PhD, CPRC. "And no woman should have to recover alone. Every time a woman shares her personal recovery story – at our conferences, our online meetings or in person anywhere – she supports and empowers the rest of us."

"Recovery is a journey to wholeness," says Taryn Strong, RYT CPRC, co-founder and Nickel's daughter. "All of our offerings, including our event in Miami, are designed to help us learn how to take care of our body, mind, emotions and spirit. We focus on our strengths, not our defects and that is how we change."

The day before SHE RECOVERS Miami begins, the Hazelden Betty Ford Foundation (HBFF) and SHE RECOVERS Foundation will host the first-ever [SHE RECOVERS Professional Symposium](#) in Miami. "Empowering Women to Recover & Thrive: A Symposium for Healing Professionals" will explore promising new paths and culturally responsive approaches to help more women experience recovery from addiction, trauma, anxiety and stress, emotional challenges and other mental health conditions.

The event for healing professionals will take place Thursday, April 21 and will also be held at the Biltmore Hotel in Miami. The Symposium has been approved by Hazelden Betty Ford Graduate School of Addiction Studies, as a NAADAC Approved Education Provider, and attendees will be awarded 6 CEs. Hazelden Betty Ford Foundation is the nation's leading nonprofit system of substance use disorder treatment, mental health care, recovery resources and related prevention and education services.

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#### ABOUT SHE RECOVERS FOUNDATION:

SHE RECOVERS Foundation is a global grassroots movement currently serving more than 325,000 women in or seeking recovery from substance use disorders, mental health issues, and other life challenges. This lifeline organization connects women through its virtual platforms and in-person community networks, provides resources and supports women to develop their own holistic pathways and patchworks of recovery, and empowers them to thrive and share their successes. All efforts are designed to end the stigma and shame associated with mental health and addiction issues that prevent so many women from seeking help.