



SHE RECOVERS® Foundation Announces Dr. Cynthia E. Guzmán as newest Board Member of Global Organization Dedicated to Redefining Recovery, Ending Stigma, and Empowering Women Who Are in or Seeking Recovery to Heal

Dr. Guzmán Is a Licensed Psychologist Who Has Devoted Her Career to Addressing Health Disparities in Underserved Communities

(XX, XX) DECEMBER X, 2022 – The [SHE RECOVERS® Foundation](#) serving women and non-binary individuals who are in or seeking recovery from a myriad of life challenges, is proud to announce that [Dr. Cynthia E. Guzmán](#) has joined the organization’s [Board of Directors](#). The well-respected clinical psychologist has devoted her career to addressing health disparities in underserved communities, making a significant impact in developing jail diversion initiatives that integrate mental health and primary care into patient treatment plans.

“We are grateful for Dr. Guzmán’s experience in creating pathways for underserved communities to access the mental health and substance use treatment systems they need,” said SHE RECOVERS CEO Susan Carter. “There is a synchronicity in our shared work and mission. Her incredible insight and experience will no doubt guide us as we move forward in helping more women heal from past trauma in their lives.”

Bringing with her a wealth of clinical and supervisory experience, Dr. Guzmán considers herself a servant leader and enjoys developing community assessments, memorandums of understanding (MOUs) and implementing culturally supportive interventions. Dr. Guzmán is a proud member of the American Psychological Association, Society for Indian Psychologists and currently serves as the 2022 National Latinx Psychological Association President. In addition, she is an adjunct professor at Palo Alto University and a consultant for organizations working in support of the establishment, sustainability, and expansion of healthcare services in tribal communities.

“I am honored to join the SHE RECOVERS board. It’s an organization I admire and respect on many levels - from its community building to the openness and care it offers women who have experienced trauma, faced challenges or are striving to overcome adversity in their lives,” said Dr. Guzmán. “I look forward to serving our communities and helping reach more individuals who need our support.”

In addition to Dr. Guzmán, the [SHE RECOVERS Board of Directors](#) includes:

- [Dawn Nickel, PhD, CPRC](#), SHE RECOVERS Co-Founder and Board Chair
- [Taryn Strong, RYT, CPRC](#), SHE RECOVERS Co-Founder and Board Vice Chair
- [Kirsten Newquist, MBA](#), Board Member-at-Large
- [Mary Beth O’Connor, BA, JD](#), Board Member-at-Large
- [Susan Carter, CPSW](#), Executive Director and Ex-Officio Board Member

ABOUT SHE RECOVERS® FOUNDATION

SHE RECOVERS® Foundation is a 501(c)(3) non-profit public charity and a global grassroots movement serving more than 325,000 women and non-binary individuals in or seeking recovery from life challenges

including trauma, substance use, grief and loss, eating disorders, burnout and moral injury, chronic pain, love addiction and mental health issues such as anxiety and depression. The organization's mission is to redefine recovery, inspire hope, end stigma and shame, and empower women in or seeking recovery to increase their recovery capital, heal themselves and help other women to do the same. SHE RECOVERS connects women through its virtual offerings and in-person community networks, provides resources and support to help women develop their own holistic recovery patchworks, and empowers them to thrive, share their experience, and celebrate success. SHE RECOVERS believes in a world where all women in or seeking recovery are celebrated, supported, and deemed essential to healthy communities. Please visit www.sherecovers.org for more information.